

Proclamation

Office of the Mayor

Uterine Fibroids Awareness Month

WHEREAS, uterine fibroids are non-cancerous growths that form in or on the wall of the uterus and are among the most common medical conditions affecting women of reproductive age; and

WHEREAS, research indicates that by the age of 50, up to 80% of women will develop at least one uterine fibroid, with Black women disproportionately affected, experiencing higher incidence rates and more severe symptoms at an earlier age; and

WHEREAS, healthcare providers as noted uterine fibroids affects not just physical health but emotional well-being and financial stability of women; and

WHEREAS, fibroids can cause severe symptoms including heavy menstrual bleeding, pelvic pain, frequent urination, leg pain, lower back pain, anemia, and reproductive dysfunction, which significantly impact quality of life and

WHEREAS, due to a lack of open dialogue and widespread misinformation, many women suffer in silence, normalize their pain, and choose surgical procedures such as “hysterectomy” and “Myomectomy” by providers with limited knowledge while remain unaware that non-surgical treatment options exist; and

WHEREAS, raising public awareness is vital to encourage early detection, expand access to care, and promote funding for medical research; and

WHEREAS, increasing education and advocacy can empower individuals to seek timely medical attention and improve health outcomes for those affected by uterine fibroids; and

WHEREAS, in 2026, the Florida Legislature passed House Bill 1515, sponsored by Representative Lisa Dunkley, and signed into law by the Governor, establishing critical protections for women participating in the State’s Uterine Fibroid Research Database by ensuring that their personal identifying information and medical records remain confidential and exempt from public records disclosure requirements, thereby encouraging greater participation in research while safeguarding patient privacy; and

WHEREAS, Representative Lisa Dunkley has demonstrated leadership and advocacy in advancing uterine fibroid research and awareness through legislative efforts, including related measures to improve Florida’s Uterine Fibroid Research Database, helping to enhance data collection, support medical research, and improve health outcomes for women across the state.

NOW, THEREFORE, I, Michael J. Ryan, Mayor of The City of Sunrise, Florida and on behalf of the City Commission, hereby proclaim the Month of July 2026 as: **Uterine Fibroids Awareness Month** in the City of Sunrise and encourage all to learn more about the symptoms and treatment options for fibroids, to support those navigating this condition, and to help foster open, informed conversations that promote women’s health and well-being.

Witness My Hand and Official Seal of
The City of Sunrise, Florida

Michael J. Ryan, Mayor

