

Proclamation

Office of the Mayor

Park and Recreation Month

Whereas, parks and recreation is an integral part of communities throughout this country, including in the City of Sunrise; and

Whereas, parks and recreation promote health and wellness, improving the physical and mental health of people who live near parks; and

Whereas, parks and recreation promote time spent in nature, which positively impacts mental health by increasing cognitive performance and well-being, and alleviating illnesses such as depression, attention deficit disorders, and Alzheimer's; and

Whereas, parks and recreation encourage physical activities by providing space for popular sports, swimming pools and many other activities designed to promote active lifestyles; and

Whereas, parks and recreation programming and education activities, such as out-of-school time programming, youth sports and environmental education, are critical to childhood development; and

Whereas, parks and recreation increase a community's economic prosperity through increased property values, expansion of the local tax base, increased tourism, the attraction and retention of businesses, and crime reduction; and

Whereas, parks and recreation is fundamental to the environmental well-being of our community; and

Whereas, parks and recreation is essential and adaptable infrastructure that makes our communities resilient in the face of natural disasters and climate change; and

Whereas, our parks and natural recreation areas ensure the ecological beauty of our community and provide a place for children and adults to connect with nature and recreate outdoors; and

Whereas, the City of Sunrise recognizes the benefits derived from parks and recreation resources.

NOW, THEREFORE, I, Michael J. Ryan, Mayor of the City of Sunrise, Florida together with the City Commission hereby proclaim the month of July 2026 as **Parks and Recreation Month** in the City of Sunrise.



Witness My Hand and Official Seal of
The City of Sunrise, Florida

Michael J. Ryan, Mayor