

July 2026 Youth Athlete of the Month Youth Programs

Athlete: Richard Hanna
Instructor: Anna Nicolau

Richard Hanna is an 11-year-old student at Franklin Academy and a participant in Sunrise's Kidz Total FitZone Program.

Comments from his Instructor:

It is my pleasure to nominate Richie. I have had the opportunity to work with him for over three years. From the very beginning I saw a strong character, determination, and motivation that are rare to find at such young age.

Over the years, he has grown tremendously both personally and academically. In my classes he is hardworking, respectful, competitive in a positive way, and always willing to help others. He takes pride in his achievements, pays attention to proper form, and consistently gives his best effort.

It has been truly rewarding to watch him mature into such a kind and driven young man. I am proud to recommend him for this award, and I am excited to see all he will accomplish in the future.

Athlete: Jenilyn Saintil
Coach: Pennie & Russell Pentland

Jenilyn Saintil is a 12-year-old student at St. Bonaventure Catholic School and a participant in the Sunrise Karate program.

Comments from her Coaches:

It is a pleasure to have Jenilyn in our class for two years. She sets an example for other Karate students, comes to class motivated to learn and is a role model for her peers. Jenilyn has earned her red belt. In addition to her karate, Jenilyn runs track and plays soccer.

Jenilyn is a high achieving student in the TAG (Talented and Gifted) program. She recently placed 2nd in the yearly Science Olympiad competition, and she also sings in the school choir.

We are proud to nominate this well-rounded young adult and believe she is an excellent candidate for recognition as the Youth Athlete of the Month.