Memorandum

To: Cy Egert, Battalion Chief

From: John K. McNamara, Fire Chief

Date: September 30, 2025

Re: Commendation for outstanding service – Unit Citation

CC: Division Chief Noel Santiago, Deputy Chief Chris Shannon, Personnel File

This memorandum acknowledges the outstanding work performance by your crews on an OB-GYN medical emergency that turned out to be atypical, resulting in life-saving measures due to their situational awareness in recognizing the severity of the call.

On June 20, 2025, Rescue 92, led by Rescue Lieutenant Thomas Gaylrod, responded to an obstetrics medical call. Upon arrival, the crew of Rescue 92 – Firefighter-Paramedics Mark Mullen and Daniel Osa – found a female suffering a medical emergency that was related to a prior OB-GYN-related medical emergency from two weeks prior. After further examination, the crew recognized that the patient was presenting with hemorrhagic shock-like symptoms, and not only did she need rapid transport, but she also met the criteria for whole blood infusion. Rescue Lieutenant Gaylord contacted EMS Captain Pavel Karesek, who responded to the scene, confirmed the need for a whole blood transfusion, and initiated protocols.

While enroute to the emergency department, the patient's condition dramatically improved, and following additional in-hospital treatment, this patient survived the shock-related conditions and has since made a full recovery.

AS noted by Captain Karasek in his recommendation for commendation, over the last 12-plus months, Sunrise Fire Rescue has implemented whole blood procedures multiple times; however, "…this was the first patient to receive such care due to a (non-traumatic type injury) OB/GYN Emergency…" He went on to say that the quick recognition of the need for whole blood in an atypical situation proved to be the determining factor in changing the patient's condition before it was too late.

It gives me great pride to recognize the above personnel for a job well done!

Incident Information:

Log# 25062000007354

Rescue 92: Rescue Lieutenant Thomas Gaylord, Firefighter-Paramedics Mark Mullen and Daniel Osa

EMS 39: Captain Pavel Karasek