Memorandum

To: Captain Pavel Karasek, Rescue Lieutenant Thomas Gaylord, Firefighter-Paramedics Mark Mullen and Daniel Osa

From: John McNamara, Fire Chief

Date: September 28, 2025

Re: Firefighter of the Month – September 2025

CC: Battalion Chief Cy Egert, Battalion Chief Chris Arbos, Division Chief Noel Santiago, Deputy Chief Chris Shannon, File

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On the morning of June 20, 2025, Rescue 92 was dispatched to a medical emergency for a resident of our community. Upon arrival, led by Rescue Lieutenant Thomas Gaylor, Firefighter-Paramedics Mark Mullen and Daniel Osa recognized that the patient was presenting with hemorrhagic shock-like symptoms, and not only did she need rapid transport, but she also met the criteria for whole blood infusion. Rescue Lieutenant Gaylord contacted EMS Captain Pavel Karesek, who responded to the scene, confirmed the need for a whole blood transfusion, and initiated protocols.

While enroute to the emergency department, the patient's condition dramatically improved, and following additional in-hospital treatment, this patient survived the shock-related conditions and has since made a full recovery.

AS noted by Captain Karasek in his recommendation for commendation, over the last 12-plus months, Sunrise Fire Rescue has implemented whole blood procedures multiple times; however, *"…this was the first patient to receive such care due to a (non-traumatic type injury) OB/GYN Emergency…"* He went on to say that the *"…quick recognition of the need for whole blood in an atypical situation proved to be the determining factor in changing the patient's condition before it was too late."*

As a result of all of your efforts, it is a great privilege to recognize all of you as Firefighters of the Month for September 2025.