Proclamation

Office of the Mayor

South Florida Mental Wellness Summit & Expo Day

Whereas, Mental Illness affects thoughts, feelings, behaviors, and general interaction with others and the stigma associated with mental illness must be addressed so that no one feels shame or disgrace in seeking help and treatment; and

Whereas, in response to the need for self-care and identifying and treating mental illness, a grassroots effort was undertaken by the principal mental health providers in Broward County (including county/federal government, private sector, and nonprofit organizations), to join forces in a historic effort to increase awareness and education by holding a summit on October 23, 2025 and is open to the general public for only a $15 admission fee and includes parking, breakfast, and lunch; and

Whereas, the" Inaugural" South Florida Mental Wellness Summit & Expo titled Resilience in Action, A Community Conversation on Mental Health, presented by Mental Health America of Southeast Florida, Aetna and Bristol Myers Squibb, bring together the leading mental health providers in South Florida from county/federal government, private practice, nonprofits, and academia to discuss and examine the current issues relating to mental health in Broward County affecting all populations; and

Whereas, everyone wanting to learn about mental health and issues facing our communities, whether you're a healthcare provider, first responder, community leader, business owner, elected official, or just simply a concerned citizen, you'll learn from the South Florida Mental Wellness Summit & Expo information tools and a better understanding of the challenges affecting mental health; and

Whereas, by acknowledging the importance of mental wellness, we help the general public understand the issues surrounding mental illness and challenges on the residents of the City of Sunrise, and

Whereas, the City of Sunrise remains committed to raising awareness in order to combat stigma and educate our community about Mental Wellness.

NOW, THEREFORE, I, Michael J. Ryan, Mayor of the City of Sunrise, Florida, together with the City Commission do hereby proclaim October 23, 2025 as: "**South Florida Mental Wellness Summit & Expo Day**" in the City of Sunrise.

Witness My Hand and Official Seal of
The City of Sunrise, Florida

Michael J. Ryan, Mayor